

# *Knowledge, kindness and connection in lactation*

Online breastfeeding conference



- What do women want? Supporting infant feeding choices through education, honesty and advocacy.
- When oral function affects feeding: myofunctional approach
- Understanding the breastfeeding landscape in Africa
- Breastfeeding messages - are we self-sabotaging?
- Impact of breastfeeding duration on brain structure at 10 years of age
- Making sense of postpartum anxiety and lactation
- Journey: from breastfeeding champion to IBCLC and the power of connection in lactation and family care
- Breastfeeding during emergencies: supporting mothers during 2024-2025 war in Lebanon
- Compassionately inquiring into the story of your life

And more!

[www.iLactation.com](http://www.iLactation.com)



**Online: March 4 - June 4, 2026**



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