

Our 25th online breastfeeding conference

Flourishing



Online Breastfeeding Conference
Sept 15 - Dec 15, 2024

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Jointly provided by [Interstate Postgraduate Medical Association](#)
and [iLactation](#)

Presentations



Michelle Simmons, RN, RM, IBCLC, Master of Nursing (Clinical Leadership)

Michelle Simmons has completed post graduate studies in Neonatal Nursing, Midwifery, Master of Nursing (Clinical Leadership) and has been an IBCLC for 18 years. Michelle is a BFHI lead assessor and a member of the Australian College of Midwives as well as past president of LCA NZ. Michelle was an expert working group member for the Australian Dental Association (ADA) Ankyloglossia and oral frenula consensus statement released in 2020. Michelle is currently the Clinical Midwife Consultant, Postnatal and Infant Feeding, Westmead Hospital, Western Sydney Local Health District, NSW and passionate about promoting and supporting a strong breastfeeding culture in Australia.



Rachel Jones, RN, RM, IBCLC, Post Grad Cert Nursing Leadership

Rachel Jones is a Clinical Midwifery Consultant for infant feeding in NICU at Westmead hospital, Sydney, Australia. A neonatal nurse/midwife & board certified lactation consultant, Rachel has been involved in clinical trial coordination and research, clinical education & development of teaching programs across the perinatal specialty. Focusing on long term consequences to a disruption in normal infant and maternal attachment, Rachel has led a collaborative group of CPI projects named The IRIS (Interventions for Reducing the Impact of Infant and maternal Separation) Taskforce. Goals include identifying avoidable short-term admissions to NICU, implementing changes to reduce nursery admission and reducing the impact of unavoidable separations that disrupt attachment and establishment of optimal feeding. Rachel plans to complete her Masters in Research investigating the fragmented care that can result from a neonatal admission and examining the effect of maternal/ infant separation on feeding outcomes after nursery admission.

Innovative breastfeeding education

Breastfeeding SCORPIO is an innovative evidence based breastfeeding education program for health care professionals, including a train-the-trainer component. SCORPIO is a method of teaching clinical skills and formative assessment with feedback, ensuring skills have been mastered. SCORPIO consists of three essential components; a participant guide, teaching stations and a formative assessment.

1.00 L (VII) CERP, 1.00 CME, 1.00 CNE



Annet Mulder, IBCLC

Annet Mulder has been a lactation consultant, IBCLC, since 2008. She works as a lactation consultant in a peripheral hospital, has her own private practice, teaches lactation consultant training and regularly speaks at conferences and symposia.



Marjes Elling, IBCLC

Marjes Elling has been working in healthcare as a nurse since 1980, most of the time she has worked in mother and child care. She obtained the children's endorsement followed by NICU training. Breastfeeding came her way when she became a mother herself. In 2008 she completed her training as a lactation consultant and now works, with great pleasure, partly in the HMC (The Hague) and partly as a self-employed lactation consultant IBCLC.

Marjes continues to learn and look for how she can optimally help parents when they come to her with questions. Two years ago, she started Deep Oscillation, an extra tool that she can use for a number of problems that women encounter when breastfeeding.

How to deal with the mastitis-spectrum, the Dutch way?

This presentation will briefly discuss the most important changes of the ABM protocol compared to the old protocol. After that, the difference between ultrasound and deep oscillation is discussed and finishing with cases studies.

1.00 L (III,VI,VII) CERP, 1.00 CME, 1.00 CNE



Laurel Wilson, IBCLC, RLC, INHC, CLSP, CLE, CCCE, CLD

Laurel Wilson is a TedX and international speaker, women's health and perinatal specialist, integrative nutrition health coach, international board-certified lactation consultant, speaker consultant, educator, and author. Laurel has authored two books, *The Attachment Pregnancy* and *The Greatest Pregnancy Ever*. Her passion is blending today's recent scientific findings with mind/body/spirit wisdom to highlight the magnitude and importance of the perinatal period. Laurel has been joyfully married to her husband for more than

three decades and has two wonderful grown sons, whose difficult births led her on a path towards helping emerging families create positive experiences. She believes that the journey into parenthood is a life-changing rite of passage that should be deeply honored and celebrated.

Letting down while hot flashing: a perimenopausal guide to lactation

With more parents than ever before delaying having children into their late 30s and early 40s, the reality is that most of them will be dealing with perimenopause while they are pregnant and lactating. Navigating the intricate balance of lactation while experiencing the hormonal fluctuations of perimenopause can be a daunting journey for many people. In this presentation, we delve into the complexities of supporting those who are perimenopausal in the perinatal period. We will explore the fascinating interplay between hormonal changes and lactation, shedding light on how fluctuating estrogen and progesterone levels can impact milk production and composition. Understanding these dynamics is essential for providing effective support during this transitional period. We discuss the changes to the microbiome and estrobolome that can impact milk supply and both lifestyle and medical support that may be required to optimize the breastfeeding/chestfeeding relationship. Finally, we delve into strategies to maximize milk output amidst the challenges of perimenopause. From dietary considerations to lifestyle adjustments, we uncover practical approaches that can help parents maintain a healthy milk supply and meet the nutritional needs of their infants. By addressing hormonal changes, providing access to resources, and offering strategies to optimize milk output, this presentation aims to increase the knowledge and tools needed to navigate the unique intersection of lactation and perimenopause with confidence and resilience.

1.00 L (II,III,V,VI,VII) CERP, 1.00 CME, 1.00 CNE



Andini Pramono, BPH, MPH, IBCLC, PhD

Dr Andini Pramono has recently finished her PhD at the Australian National University. Using mixed-methods, her PhD thesis examined the facilitator and barriers of BFHI in Australia and Indonesia. The quantitative part was measuring the social value of BFHI accreditation and implementation in two hospitals in Australia and Indonesia, while the qualitative part was examining its barriers and facilitators from midwives and nurses' perspectives. These have been published as 6 peer-reviewed papers in various international journals. During her PhD, she

was awarded Deeble Summer Research Scholarship from Australian Healthcare and Hospitals Association (AHHA) with the outcome of a policy brief titled *Improving the uptake of the Baby Friendly Health Initiative in Australian hospitals*.

Dr Pramono is an International Board-Certified Lactation Consultant since 2017 and currently is Head of Research Division of the Indonesian Breastfeeding Mothers Association.

“We all believe in breastfeeding”: Australian midwives experience of maintaining Baby-Friendly Hospital Initiative

The education and support of new mothers during the in-hospital stay for childbirth is a critical time to establish breastfeeding. The Baby-Friendly Hospital Initiative was launched in 1991 to encourage maternity services to support and educate mothers to breastfeed by implementing Ten Steps to Successful Breastfeeding.

In this prospective, cross-sectional qualitative study we used focus groups to explore midwives' experiences. Midwives (N = 26) participated in two focus groups conducted between October and November 2019. Data were analyzed using thematic analysis.

This presentation will describe midwives' experiences of implementing the Baby-Friendly Hospital Initiative in a Baby-Friendly accredited public hospital in Australia.

0.75 L (VII) CERP, 0.75 CME and 0.75 CNE



Zainab Yate, MSc, BSc, CCHt

Zainab Yate is a Biomedical Ethicist, with a specialist interest in infant feeding. Zainab is Vice Chair and named qualitative lead on a paediatric flagged Research Ethics Committee Panel for the Health Research Authority (HRA) in the UK, reviewing research protocols for over a decade. Zainab's previous working background is in Public Health and Commissioning the National Health Service (NHS) in the UK. She had also been a volunteer breastfeeding peer supporter with the NHS for a number of years, is the owner-author of the resource site for

mothers and healthcare practitioners on Breastfeeding / Nursing Aversion and Agitation and author of *When Breastfeeding Sucks*.

Islam and breastfeeding support: understanding cultural and clinical needs, as well as religious dispensations

Muslim women around the world practice Islam in various ways that directly impact breastfeeding and parenting, this presentation brings to light the varied considerations of culturally appropriate language, support and intervention in some key areas such as Milk Banks and use of donor milk, and lactation assessment for Muslim women who choose to fast.

Breastfeeding and fasting in the month of Ramadan are significant religious acts of worship for Muslim women, globally for the past 1400 years. Whilst legal dispensations have long since existed within Islamic legal literature, the absence of a framework of harm-benefit analysis to be performed by an individual, a

lack of lactation knowledge, cultural expectations, and social norms have overshadowed individual agency in adopting informed decision making. IBCLCs should be knowledgeable about the needs that Muslim breastfeeding women have; they are well placed to clinically manage and support these women.

1.00 L (V,VII) CERP, 1.00 CME, 1.00 CNE



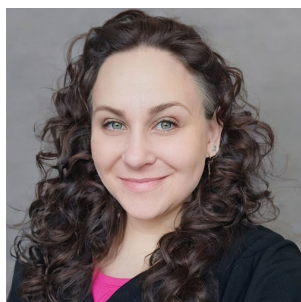
Paulina Erices-Ocampo, PhD(c), IBCLC

Paulina Erices-Ocampo is a cofounder of Cuenta Conmigo Coop, a community-based worker cooperative focused on maternal child health in immigrant communities in Colorado, USA. She is a PhD candidate in Health and Behavioral Sciences at the University of Colorado Denver. Her areas of current work include: infant and toddler nutrition, infant and early childhood mental health, community development, and social network analysis.

Perspectives in infant mental health for successful lactation

The parent-child relationship is at the core of the establishment of breastfeeding, contributing to and supporting developmental milestones for babies and the whole family. A deep understanding of regulatory processes, baby's communication skills development, and infant stages are essential for lactation professionals to support breastfeeding in a family and community context. In this presentation participants will learn about frameworks and tools to support breastfeeding with a lens on child development and infant mental health.

1.00 L (I,V) CERP, 1.00 CME and 1.00 CNE



Megan Dunn, BS, IBCLC, C-NLDS

Megan Dunn is an experienced Lactation Consultant, infant feeding specialist, and Health Educator with nearly two decades of experience providing comprehensive lactation education and clinical care. With a Bachelor of Science in Anthropology and Sociology and a minor in Communication, Megan offers holistic, evidence-based care and develops innovative care plans in a Trauma-Informed environment. She also is a lactation and infant therapist provider in a primary care setting. Megan is an award-winning breastfeeding advocate, currently serving as the President of the Oregon Washington Lactation Association, and has successfully implemented and developed clinical lactation services and Medicaid billing for Public Health lactation care.

The scoop on poop: understanding infant defecation

This presentation aims to educate lactation professionals about infant stooling norms through looking at a global lens and into historical data regarding infant defecation compared to modern expectations and acceptance. Participants will learn about the role of human milk, antibiotics, alterations in the infant diet, and the role of supplements on the effect of stooling frequency, color, consistency as well as develop and understanding of low-risk management techniques which can be used to improve infant gastrointestinal function and reduce commonly occurring symptoms associated with infant discomfort and colic. Additionally, participants will understand and accurately describe the differences between constipation, dyschezia, and other functional gastrointestinal diseases (FGIDs) and how feeding support can improve symptoms within care coordination.

1.00 L (I,VII) CERP, 1.00 CME and 1.00 CNE



Sabrina Barber, BSN, RN, IBCLC, CD, CIMI

Sabrina Barber is a Registered Nurse, International Board Certified Lactation Consultant, Childbirth Doula and Certified Infant Massage Instructor. She is the owner of Motherly Love Lactation Services and Co-Founder of Baby BLISS Feeding Collaborative of Central Florida, LLC. She provides lactation support that empowers families with unique abilities and provides education to fellow providers to help them serve families with confidence! Sabrina has a background in Pediatrics, Obstetrics and Postpartum care. She is the Education

Chair for the Board of Directors of Florida Lactation Consultant Association. Sabrina is an international speaker and has presented for FLCA, USLCA, ILCA, NZLCA. Sabrina is active in her community and has participated in the Black Doula Tour in 2022, Black Breastfeeding Week 2023, and events within her local health department and organizations. Sabrina's professional experience was put into practice when she had two little ones of her own. She is the mother of two children with whom she has overcome many breastfeeding challenges such as: tongue ties, oral motor difficulty, severe food allergies, and more. Her oldest is autistic and has special needs. This has shaped the way she cares for families with unique differences. Providing collaborative care with her team at Baby BLISS for infants with complex medical histories is Sabrina's specialty. Sabrina's mission is to provide unbiased, culturally competent, and compassionate care for every family.

Providing lactation support for the neurodiverse family – a team approach

Breastfeeding/chestfeeding is a full sensory experience. Neurodiverse individuals may present with sensory processing challenges and experience significant barriers to achieving their feeding goals. It is recommended that all providers individualize care plans according to the parent's unique processing needs. Neurodiverse-affirming support will improve breastfeeding/chestfeeding outcomes among this population.

1.00 L (V,VII) CERP, 1.00 CME and 1.00 CNE

Lorna Phillip, NNEB, PGCert Public Health, certified doula



Qualifying as a nursery nurse in 1987, Lorna Phillip has over 30 years' experience of working with young children and their families. Lorna brings this wealth of experience to her work which made her one of the most sought-after doulas in Birmingham, UK.

Lorna has spent the past 12 years working all over the East and West Midlands as a birth and postnatal doula, preparing expectant parents for birth and supporting them through labour and the first few weeks of life with their babies.

The pandemic and '5 x More' have meant more Black parents than ever were seeking out doula support for their births. To ensure that as many Black mamas and families as possible feel supported, Lorna created a free online community and paid membership called Black Mamas Birth Village where she offers information and support for pregnant Black expectant mamas.

The Village is a safe space for Black mamas to visit, sit a while and breathe whilst sharing information and tips for pregnancy, birth and beyond.

The tenderness & troubles of supporting UK Black postnatal families

A Black doula's experience of supporting Black families to navigate the challenges of the postpartum period.

1.00 L (V,VII) CERP, 1.00 CME and 1.00 CNE



Samantha Wyton, MBBS, DCH, Clin Dip Pall Care, FRACGP

Dr Samantha Wyton was born and raised in Tasmania, Australia and graduated from the University of Tasmania in 2013. She worked at the Launceston General Hospital prior to starting General Practice training, largely in paediatrics. Dr Wyton achieved Fellowship of the Royal Australian College of General Practitioners (FRACGP) in 2020, and completed a Diploma in Child Health in 2017. She became Southern Tasmania's first NDC accredited practitioner in early 2022. Dr Wyton's perspective is holistic and person-centered, encompassing all the

challenges and joys of raising young children, and she particularly enjoys supporting parents who have concerns about their own body image. She practices weight-inclusive care with a trauma-informed approach. Dr Wyton's goal is to ensure that her patients feel safe accessing healthcare. She has lived experience with breastfeeding difficulties and is passionate about supporting families to achieve their feeding goals.

Impact of body image on breastfeeding

This presentation will explore the prevalence of body image concerns in childbearing women and potential early intervention models. It will also discuss the use of language in breastfeeding and how this can impact body image concerns.

1.00 L (V,VII) CERP, 1.00 CME and 1.00 CNE



Sam Geuens, MSc, MA, PG

Sam Geuens is a Belgian clinical sexologist, solution focused psychotherapist and ethicist. Sam has been lecturing student midwives at the PXL University College of Applied Arts and Sciences on sexual health, mental health, counselling and professional ethics for 10 years. Next to his teaching Sam counsels individual clients and couples on various sexual problems at the St Franciscus Hospital, Heusden-Zolder, Belgium where he currently practices.

Sam's passionate efforts when it comes to people's sexual health and wellbeing is mirrored in his engagements a board member for among others the Professional Society for Flemish Sexologists (VVS), the European Federation of Sexology's Executive Committee (EFS). The largest part of Sam's written work on sexual health topics consisted of contributions to educational books for healthcare professionals.

Breastfeeding & sexual wellbeing

During this presentation we will explore the current state of scientific knowledge on sexuality and breastfeeding, with the aim of informing the practicing midwife/lactation specialist. Both the impact of healthy breastfeeding and breastfeeding problems/pathology on women's and couples' sexual well being will be addressed. Building on that knowledge, participants will be given a clear framework and practice examples of how to integrate sexual wellbeing into your postpartum consultations.

1.00 L (V,VII) CERP, 1.00 CME and 1.00 CNE



Melissa Cole, MS, IBCLC

Melissa Cole is a board-certified lactation consultant, neonatal oral-motor assessment professional and clinical herbalist in private practice in the USA. Melissa is passionate about providing comprehensive, holistic lactation support and improving the level of clinical lactation skills for health professionals. She enjoys researching and writing, especially on topics

such tongue tie and botanical medicine. Her bachelor's degree is in maternal/child health and lactation and her master's degree is in therapeutic herbalism. Before pursuing her current path, Melissa's background was in education and cultural arts, which has served her well in her work as a lactation consultant and healthcare educator. She loves living, working and playing in the beautiful Pacific Northwest with her 3 children.

Low milk production detective work: assessment and care plan considerations

Low milk production is one of the top areas of concern for families, and this presentation examines the various factors. Explore root causes of production issues, and hear specific and realistic recommendations. Work through interactive case studies, ramp up your critical-thinking skills, and improve your care plan strategies.

1.50 L (III,VI,VII) CERP, 1.00 CME and 1.00 CNE



Katherine Standish, MD, MSc

Dr Katherine Standish a fellowship-trained breastfeeding medicine specialist and health services researcher in the Department of Family Medicine at Boston University, USA. She is co-founder of the Breastfeeding Equity Center at Boston Medical Center, which aims to increase equity in breastfeeding support and outcomes. Her research addresses breastfeeding services and interventions in socially marginalized and medically high-risk populations. She currently serves as Chair of the Protocol Committee of the Academy of Breastfeeding Medicine.

Dr Standish studied medicine at Yale University, completed residency training and a primary care academic fellowship at Boston Medical Center, earned her masters in Epidemiology at Boston University School of Public Health, and completed a fellowship in breastfeeding and lactation medicine through the University of Rochester.

Supporting breastfeeding in substance use disorder: a patient-centered approach

This presentation will review the epidemiology of breastfeeding among people with substance use disorder (SUD) with a focus on opioid use, and discuss the risk of formula/benefits of human milk specific to dyads with SUD. It will discuss social, medical and pathophysiologic mechanisms behind breastfeeding difficulties in people with SUD, and discuss strategies clinicians, hospitals and community services can take to best support people with SUD who are breastfeeding. Finally, it will briefly the new ABM clinical protocol on breastfeeding and SUD.

1.00 L (VI,V,VII) CERP, 1.00 CME and 1.00 CNE



Julie Smith, BEc(hons)/BA(Asian Studies), PhD

Dr Julie Smith is an Associate Professor and Australian Research Council Future Fellow in the College of Health and Medicine, Australian National University. Her recent research has focussed on the economics and environmental aspects of breastfeeding and markets in mothers milk.

She has advised the US Surgeon-General Office and WHO on the economics of breastfeeding, and conducted evidence reviews for WHO and the Australian Department of Health. She has also worked with international civil society

organisations such as IBFAN and WABA. She recently led development of the Mothers' Milk Tool and the Green Feeding Tool with Alive & Thrive Southeast Asia Pacific.

Dr Smith was previously a senior economist in the Australian and New Zealand government departments of Treasury, Finance, and Environment, working on development assistance and international finance, national accounting, taxation, and water markets.

She has published over 65 peer-reviewed articles, including recently in *The Lancet*, and is an Associate Editor for the *International Breastfeeding Journal*.

Improving visibility and investments in breastfeeding

Breastfeeding is economically undervalued for its health cost-saving impacts, and transformational change to the environment for breastfeeding is also unrecognised as a climate change policy response. This presentation will describe the development and display key features of two new nutritional tools, report selected results, and highlight advocacy opportunities using these tools.

1.00 E (VII) CERP, 1.00 CME and 1.00 CNE



Mélissa Mialon, BSc, MSc, PhD

Dr Mialon is a Research Assistant Professor at Trinity College Dublin in Ireland. Her research focuses on the commercial determinants of health (CDoH). She is the co-author of a *Lancet* series and a book on the topic, entitled « Big Food & Cie », in French. Dr Mialon co-coordinates the « Governance, Ethics and Conflicts of Interest in Public Health » (GECI-PH) network.

The commercial determinants of health and breastfeeding

Participants will learn about commercial determinants of health, and how this translates into influence on infant and young child feeding.

1.00 E (VII) CERP, 1.00 CME and 1.00 CNE



Gina Weissman, DMD, RN, IBCLC, FABM

Dr Gina Weissman is a D.M.D. dentist, an RN nurse and an IBCLC certified Lactation Consultant, since 1999. She has been a fellow of ABM since 2017. She is the owner and director of The Lactation Academy, an international school for the training of lactation consultants and an IBCLC mentor. She lives in Israel and works in Laniado Maternity Hospital and at her Breastfeeding and Tongue Tie Clinic, HalavM. She is the exiting president of the Israeli association of certified lactation consultants. She is also a published researcher on several related

topics.

Gina is married and the mother of four grown breastfed boys.

Is it a lip tie? Implications of the maxillary frenulum on breastfeeding 2024

Many infants undergo surgical intervention for “upper lip tie” (ULT) to improve breastfeeding. However, the effect of ULT on breastfeeding and if surgical correction improves outcomes is still poorly understood with scant and contradictory data. There are multiple reasons for the limited amount of data including the lack of a standard definition for ULT which has led to ambiguity regarding a normal vs. abnormal frenulum and which may benefit from correction.

This presentation summarizes and analyzes the current literature on upper lip tie, its impact on breastfeeding and utility of therapeutic surgical intervention.

1.00 L (I,II,VI,VII) CERP, 1.00 CME and 1.00 CNE



Karolina Morze, MPharm

Karolina Morze is a pharmacist and specializes in pharmacotherapy in lactation. She works as a consulting pharmacist in a private practice in Poland. In her clinical practice she works with lactating individuals with various health issues, helping mothers with both common problems, chronic or rare diseases to reconcile the therapy and breastfeeding with as little intervention as possible, respecting mothers' wishes and needs.

She conducts training for IBCLCs, midwives, doctors, pharmacists and other medical professionals as well as non-medical lactation supporters in the field of medication and breastfeeding, attempting to explain complex pharmacological problems in an easy to understand way. She conducts research on the Drug Related Problems and outcomes of maternal medication on the breastfed children.

She is a member of the Polish Society of Clinical Pharmacy and Polish Society of Pharmacovigilance. She is also an author of several books and publications.

Mysterious manuscript, our own beliefs, and opinion of a brother-in-law's cousin's sister. How to approach evidence-based data in the field of medications in lactation.

This is a storytelling presentation on the quite under researched area of how our attitudes as medical professionals towards breastfeeding can generate potential risk of bias and risk of medical errors. It touches sensitive areas of our own shortcomings, and how we can overcome them. I talk about medication and breastfeeding databases (lactmed, elactatncia), research, books, facebook groups and opinions of our relatives as source of information and point what do we learn from them in context of critical thinking skills. The takeaway message from this presentation is that we are all susceptible to cognitive biases, but when we are aware of that, our work with breastfeeding patients can become better and easier.

1.00 L (IV) CERP, 1.00 CME and 1.00 CNE

A balancing act. How to assess risk vs benefit ratio when it comes to depressive spectrum disorders medications in lactation.

This presentation explores the complexities of assessing medication safety for depression in lactating women. It delves into the challenges of weighing risks and benefits, common obstacles faced in this evaluation, and various scenarios to consider. Risks associated with medication, infant exposure via breastmilk, formula feeding, not breastfeeding at all, and the consequences of untreated depression will be discussed. Additionally, the presentation will explore how patient autonomy laws impact decision-making in this context.

1.00 E (IV,VII) CERP, 1.00 CME and 1.00 CNE



Katie Pereira-Kotze, RD (SA), M Nutr, PhD

Dr Catherine (Katie) Pereira-Kotze is a dietitian by training with a Masters in Nutrition and PhD in Public Health. Katie is from South Africa and has worked in the field of public health nutrition since 2005, in various sectors including government, research, and academia. She currently lives in the UK and her work focus incorporates the UK, South Africa and global issues. She works as a part-time Research Consultant for the South African Medical Research Council and part-time Senior Nutritionist at First Steps Nutrition Trust. All her work focuses

on research for policy and advocacy related to maternal, infant and young child nutrition, especially the restriction of inappropriate marketing by the commercial milk formula industry and the advancing of maternity protection.

Conflicts of interest and the protection of breastfeeding

This presentation will provide an overview of the concept of “conflicts of interest” and examples of how conflicts arise in the area of breastfeeding protection, promotion and support. Most recent guidance on how to avoid and manage conflicts of interest will be shared, together with advice on the responsibilities of health care workers.

1.00 E (VII) CERP, 1.00 CME and 1.00 CNE

The digital marketing of commercial milk formula: Latest evidence and guidance

This presentation will provide an overview of the distinctive strategies that the commercial milk formula industry uses to market their products on digital platforms. A description of the most recent global guidance on regulatory measures aimed at restricting digital marketing of breast-milk substitutes will be provided.

1.00 E (VII) CERP, 1.00 CME and 1.00 CNE

Continuing Education

CERPs

[International Board Lactation Consultant Examiners® \(IBLCE®\)](#) have approved this activity for Continuing Education Recognition Points (CERPs)

CERPs approval number = CL2022-1HK

CERPs allocated = 20.00 CERPs (15.00 L, & 5.00 E CERPs)

Please note that if you are thinking of taking the IBLCE® exam, our continuing education counts for 20.00 pre-exam education hours.

iLactation CERPs can be used for re-certification for both IBCLC® and CLC certificants.

Re-certifying IBCLCs may find this document giving details of the presentations' *Detailed content outline* topics helpful, [Quick reference for CERPs](#).

Our conference presentations align with the [IBLCE® Detailed Content Outline](#) topics as follows:

- I. Development and Nutrition 3.00 CERP
- II. Physiology and Endocrinology 1.25 CERP
- III. Pathology 4.50 CERP
- IV. Pharmacology and Toxicology 3.00 CERP
- V. Psychology, Sociology and Anthropology 8.25 CERP
- VI. Techniques 4.50 CERP
- VII. Clinical Skills 18.00 CERP

Correct at time of publication. Please note some presentations may appear in multiple topic categories, but can be claimed for only one. Please decide according to your individual recertification requirements.

iLactation has been accepted by International Board of Lactation Consultant Examiners® (IBLCE®) as a CERP Provider for the listed Continuing Education Recognition Points (CERPs) programme. Determination of CERPs eligibility or CERPs Provider status does not imply IBLCE®'s endorsement or assessment of education quality. INTERNATIONAL BOARD OF LACTATION CONSULTANT EXAMINERS®, IBLCE®, INTERNATIONAL BOARD CERTIFIED LACTATION CONSULTANT®, and IBCLC® are registered marks of the International Board of Lactation Consultant Examiners.

CME and CNE points

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the [Interstate Postgraduate Medical Association \(IPMA\)](#) and iLactation. The IPMA is accredited by the ACCME to provide continuing education for physicians.

CME: *AMA PRA Category 1 Credit™* for both physicians and non-physicians.

CNE: Contact hours for nurses from the California Board of Registered Nursing

For information on how this activity fits in the Royal College Maintenance of Certification (MOC) Program, please visit the [Royal College's](#) website.

Other CPD Points

Each part of the world has different requirements for obtaining CEU, CME & CPD credits. We can provide the necessary documentation for individuals to submit for credits to their local authority. Please contact us at info@ilactation.com.

CPD points from the Australian College of Midwives will not be applied for this year as they are no longer WHO Code compliant.

Conference Timeline

1. iLactation conference *Flourishing* will be online from Sept 15 – Dec 15, 2024.
2. Earlybird registration begins July 1, 2024.
3. Standard registration begins on August 8, 2024.
4. iLactation conference *Flourishing* officially begins on Sept 15, 2024.
5. Questions asked of speakers on or before Oct 10 will be answered by Oct 20, 2024.
6. Questions asked of speakers on or before Nov 21 will be answered by Dec 1, 2024.
7. Presentations will not be available after Dec 15, 2024
8. Handouts will be available for download throughout the conference. Final date for download by participants will be Dec 15, 2024.

Registration Information

Registration for the online breastfeeding conference, *Flourishing*, is now open at <https://ilactation.com/>. Conference will be online from **Sept 15 – Dec 15, 2024**.

Below you will find the registration price according to your country, which is determined by the International Lactation Consultant Association membership categories.

	Standard	Group
Cat. A Countries	US\$240	US\$220
Cat. B, C & D Countries	US\$75	US\$65

Please contact us at info@ilactation.com for special registration rates for large groups of **over 30 participants**, eg hospital staff, WIC, breastfeeding coalitions or peer support counsellors.

Participants will have unlimited access to all of the presentations until the end of the conference on December 15, 2024, including our Ask the Speaker facility, Certificates and the Handouts. Handouts will be available for download throughout the conference. The Conference is a complete package; it is not possible for you to register for individual presentations.

iLactation uses PayPal as the main payment method. If Paypal is not available in your country or you encounter other difficulties with PayPal please contact us at info@ilactation.com for an alternative payment method.

Membership Categories

Category A:

Andorra, Anguilla, Australia, Austria, Bahamas, Bahrain, Barbados, Belgium, Bermuda, Brunei, Canada, Cayman Islands, Croatia, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Germany, Hong Kong, Hungary, Iceland, Ireland, Israel, Italy, Japan, Kuwait, Liechtenstein, Luxembourg, Macao, Malta, Monaco, Netherlands, New Zealand, Norway, Oman, Poland, Portugal, Qatar, San Marino, Saudi Arabia, Singapore, Slovakia, Slovenia, South Korea, Spain, Sweden, Switzerland, Taiwan, Trinidad and Tobago, United Arab Emirates, United Kingdom and United States of America.

Category B:

Albania, Algeria, American Samoa, Antigua and Barbuda, Argentina, Azerbaijan, Belarus, Belize, Bosnia and Herzegovina, Botswana, Brazil, Bulgaria, Chile, China, Colombia, Costa Rica, Cuba, Curaçao, Dominica, Dominican Republic, Ecuador, Fiji, Greece, Grenada, Guatemala, Iran, Jamaica, Jordan, Kazakhstan, Kiribati, Latvia, Lebanon, Libya, Lithuania, Macedonia, Malaysia, Maldives, Mauritius, Mexico, Montenegro, Palau, Peru, Puerto Rico, Romania, Russia, St. Kitts and Nevis, St. Lucia, St. Vincent & the Grenadines, Serbia, Seychelles, South Africa, Thailand, Turkey, Uruguay and Venezuela.

Category C:

Angola, Armenia, Bhutan, Bolivia, Cape Verde, Côte d'Ivoire, Djibouti, Egypt, El Salvador, Gabon, Georgia, Ghana, Guyana, Honduras, India, Indonesia, Iraq, Marshall Islands, Micronesia, Moldova, Mongolia, Morocco, Namibia, Nigeria, Pakistan, Palestine, Panama, Paraguay, Philippines, Samoa, Sri Lanka, Suriname, Swaziland, Timor-Leste, Tunisia, Turkmenistan, Tuvalu, Ukraine, Uzbekistan and Vietnam.

Category D:

Afghanistan, Bangladesh, Benin, Burkina Faso, Burundi, Cambodia, Cameroon, Central African Republic, Chad, Comoros, Democratic Republic of Congo, Equatorial Guinea, Eritrea, Ethiopia, Gambia, Guinea, Guinea-Bissau, Haiti, Kenya, Kyrgyz Republic, Lesotho, Liberia, Madagascar, Malawi, Mali, Mauritania, Mozambique, Myanmar, Nauru, Nepal, Nicaragua, Niger, North Korea, Papua New Guinea, Rwanda, Sao Tomé and Príncipe, Senegal, Sierra Leone, Solomon Islands, Somalia, South Sudan, Sudan, Syria, Tajikistan, Tanzania, Togo, Tonga, Uganda, Vanuatu, Yemen, Zambia and Zimbabwe.

Group Registrations

Group registration will apply to groups of 6 or more delegates registering in one transaction. The organizer of the group needs to contact us at info@ilactation.com with the list of names and email addresses for all your group members, and any purchase order numbers required by your organization. We will invoice the organization or group organizer for one registration payment, which will be the total amount due for the number of delegates multiplied by the group registration price. (eg 6 delegates x \$205 = \$1,230) We will provide a group receipt. Only registered paid group members are eligible for continuing education points.

Please contact us at info@ilactation.com for special registration rates for large groups of **over 30 participants**, eg hospital staff, WIC, breastfeeding coalitions or peer support counsellors.

Conference disclosures

As a provider dedicated to independent education and accredited by the ACCME, IPMA must ensure balance, independence, objectivity, and scientific rigor in all of its educational activities. All individuals with potential to influence the content of this program have disclosed all financial relationships that have occurred in the past 24 months with ineligible companies. The disclosures have been reviewed according to policy and these declarations are listed below. All individuals with potential conflicts have been contacted as needed by IPMA staff, and issues of conflict have been discussed, managed, and mitigated.

Name	Role	Disclosure
Amy Black, IBCLC	Content Review	No relevant relationships with ineligible companies to report
Heide Macnab RRN, RM, RPN, MCHN, IBCLC	Planner	No relevant relationships with ineligible companies to report
Iona Macnab, BA (Hons), LLB, IBCLC	Planner	No relevant relationships with ineligible companies to report
Sarah Hung, BSc (Hons), MSc, IBCLC	Planner	No relevant relationships with ineligible companies to report
Michelle Simmons, RN, RM, IBCLC, Master of Nursing (Clinical leadership)	Faculty	No relevant relationships with ineligible companies to report
Rachel Jones, RN, RM, IBCLC, Post Grad Cert Nursing Leadership	Faculty	No relevant relationships with ineligible companies to report
Annet Mulder, IBCLC	Faculty	No relevant relationships with ineligible companies to report
Marjes Elling, IBCLC	Faculty	No relevant relationships with ineligible companies to report
Laurel Wilson, IBCLC, RLC, INHC, CLSP, CLE, CCCE, CLD	Faculty	No relevant relationships with ineligible companies to report
Andini Pramono, BPH, MPH, IBCLC, PhD	Faculty	No relevant relationships with ineligible companies to report
Zainab Yate, MSc, BSc, CCHt	Faculty	No relevant relationships with ineligible companies to report
Paulina Ericas-Ocampo, PhD(c), IBCLC	Faculty	No relevant relationships with ineligible companies to report
Megan Dunn, BS, IBCLC, C-NLDS	Faculty	No relevant relationships with ineligible companies to report
Sabrina Barber, BSN, RN, IBCLC, CD, CIMI	Faculty	No relevant relationships with ineligible companies to report
Lorna Phillip, NNEB, PGCert Public Health, certified doula	Faculty r	No relevant relationships with ineligible companies to report
Samantha Wyton, MBBS, DCH, Clin Dip Pall Care, FRACGP	Faculty	No relevant relationships with ineligible companies to report
Sam Geuens, MSc, MA, PG	Faculty	No relevant relationships with ineligible companies to report
Melissa Cole, MS, IBCLC	Faculty	Offers clinical education, provides rental equipment and supplies in her private practice and is the creator of the Herbal Database.
Katherine Standish, MD, MSc	Faculty	No relevant relationships with ineligible companies to report
Julie Smith, BEc(hons)/BA(Asian Studies), PhD	Faculty	No relevant relationships with ineligible companies to report
Gina Weissman, DMD, RN, IBCLC, FABM	Faculty	No relevant relationships with ineligible companies to report
Mélissa Mialon, BSc, MSc, PhD	Faculty	No relevant relationships with ineligible companies to report
Karolina Morze, Mpharm	Faculty	No relevant relationships with ineligible companies to report
Katie Pereira-Kotze, RD (SA), M Nutr, PhD	Faculty	No relevant relationships with ineligible companies to report

Commercial Support

None

For questions about the accreditation of these web modules, please contact the Interstate Postgraduate Medical Association at: +1 866.446.3424 or cmehelp@ipmameded.org.

Educational information

Target Audience: This activity is designed to meet the educational needs of Physicians, Neonatologists, Pediatricians, GPs, IBCLCs, Nurse practitioners, Registered Nurses, Midwives, Registered dietitians, Peer supporters, Doulas, and Childbirth educators.

Estimated time to complete activity: 20.00 hours

Conference Objectives: At the conclusion of this conference, participants should be able to:

1. Outline some of the challenges lactation consultants face in protecting and promoting breastfeeding, including awareness of a global health perspective.
2. Discuss complex factors involved in lactation counselling including susceptibility to bias.
3. Recognise the influence on breastfeeding of certain concurrent demographic, biological and social considerations for the mother.
4. Discuss the importance of the provision of culturally sensitive and appropriate care for families.
5. Identify some developments in lactation research relating to specific breastfeeding challenges.
6. Describe appropriate considerations in the assessment and management of breastfeeding infants with some common presentations.

Criteria for successful completion for continuing education credit: In order to be eligible for continuing education credits for this conference, you must have viewed a presentation in full, either in one sitting or in several sittings. iLactation tracks and submits viewing records for each participant to the certifying authorities.

Disclosure of Unlabeled Use: This educational activity may contain discussion of published and/or investigational uses of agents that are not indicated by the FDA. The planners of this activity do not recommend the use of any agent outside of the labeled indications.

The opinions expressed in the educational activity are those of the faculty and do not necessarily represent the views of the planners. Please refer to the official prescribing information for each product for discussion of approved indications, contraindications, and warnings.

Disclaimer: Participants have an implied responsibility to use the newly acquired information to enhance patient outcomes and their own professional development. The information presented in this activity is not meant to serve as a guideline for patient management. Any procedures, medications, or other courses of diagnosis or treatment discussed or suggested in this activity should not be used by clinicians without evaluation of their patient's conditions and possible contraindications and/or dangers in use, review of any applicable manufacturer's product information, and comparison with recommendations of other authorities.

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