

Physicians seeking CME credits related to the NABBLM Board exam should refer to NABBLM's [website](https://nabblm.org/) (<https://nabblm.org/>) which sets out that the breastfeeding and lactation medicine knowledge requirements to sit for the grandparenting Board exam in 2024 includes 45 CME credits related to lactation over the past 3 years. The CMEs must be taught by physicians or PhD researchers who are knowledgeable about lactation. A CME certificate must have been obtained.

Presentations from iLactation's *Milk • Nurture • Wisdom* conference that can be considered eligible for CMEs according to NABBLM requirements are:

Presenter	Title	CMEs
Helen Ball, PhD, MA, BSc	The night-time care and feeding of baby humans	1.00
Suet Kam Lam, MD, MPH, MS, IBCLC	A history of breastfeeding through an equity and decolonization lens	1.00
Natashia Conner, PhD, M.Phil, MS, IBCLC	Underutilization of breastfeeding services: How to better support the Black dyad to promote exclusive breastfeeding	1.00
Heather Latiolais Eure, PhD, IBCLC, PMH-C	Perinatal mental health, neurodivergence, and the role of the lactation consultant	1.25
Ana Lucia Ruiz Cabrera, MD, IBCLC, OBGYN	Immediate skin to skin in the golden hour	1.00

Ana Lucia Ruiz Cabrera, MD, IBCLC, OBGYN	Lactation induction, review and case studies	1.00
Catherine Pereira-Kotze, RD(SA), MNutr, PhD	Maternity protection to enable breastfeeding	1.00
Karleen Gribble, PhD, BRurSc(Hons), CertIV Breastfeeding Education	Supporting the reproductive work of breastfeeding	1.00
Lyndsey Hookway, PhD RNC SCPHN IBCLC	Breastfeeding challenges in paediatrics - part 1	1.25
Lyndsey Hookway, PhD RNC SCPHN IBCLC	Breastfeeding challenges in paediatrics - part 2	1.00
Nada Atef, MBChB, IBCLC	The impact of human milk on functional GI disorder	1.00
Heidi Szugye, DO, NABBLM-C, IBCLC, FAAP	Growing a breastfeeding medicine clinic at a large academic institution	1.00
Maria-Teresa Hernandez-Aguilar, MD, PhD, MPH, IBCLC	Impact of the COVID-19 pandemic on perinatal care practices and maternal and infant outcomes	1.00
	Total	13.50

A CME certificate is available for all presentations viewed.