



Quick reference list for recertifying IBCLCs

Detailed content outline topics (2024)

The night-time care and feeding of baby humans

1.00 L (I,V,VII) CERP

A history of breastfeeding through an equity and decolonization lens

1.00 L (VII) CERP

Underutilization of breastfeeding services: How to better support the Black dyad to promote exclusive breastfeeding

1.00 L (V,VII) CERP

Perinatal mental health, neurodivergence, and the role of the lactation consultant

1.00 L (III,V,VII) CERP

Immediate skin to skin in the golden hour

1.00 L (I,VI,VII) CERP

Lactation induction, review and case studies

1.00 L (II III,IV,VI,VII) CERP

The domino effect: How drug related problems affect breastfeeding

1.00 L (IV,VII) CERP

Treating seasonal infections during lactation

1.00 L (III,IV) CERP

Maternity protection to enable breastfeeding

1.00 E (V,VII) CERP

Supporting breastfeeding as 'sexed' care work

1.00 E (V,VII) CERP

Breastfeeding challenges in paediatrics

2.00 L (III,V,VII) CERP

The good, the bad & the unethical: Being an IBCLC in the age of social media

1.00 E (VII) CERP

The impact of human milk on functional GI disorder

1.00 L (II,III) CERP

Supporting breastfeeding multiples

1.00 L (I,V,VI,VII) CERP

Growing a breastfeeding medicine clinic at a large academic institution

1.00 L (VII) CERP

Impact of the COVID-19 pandemic on perinatal care practices and maternal and infant outcomes

0.75 L (I,VII) CERP

Flange fitting basics for the modern lactation professional

0.75 L (VI,VII) CERP

Nipple variations and implications during lactation

1.00 L (I,III) CERP

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| I. Development and Nutrition 4.00 CERP |
| II. Physiology and Endocrinology 3.00 CERP |
| III. Pathology 7.25 CERP |
| IV. Pharmacology and Toxicology 3.00 CERP |
| V. Psychology, Sociology and Anthropology 8.00 CERP |
| VI. Techniques 3.75 CERP |
| VII. Clinical Skills 15.50 CERP |