

# Our 23rd online breastfeeding conference



## HUMAN MILK MAGIC

Online breastfeeding conference

Online: Sep 15 – Dec 15, 2023

[www.ilactation.com](http://www.ilactation.com)



Jointly provided by [Interstate Postgraduate Medical Association](http://www.ipma.org)  
and [iLactation](http://www.ilactation.com)

# Presentations



***BJ Woodstein, IBCLC, PhD***

Dr BJ Woodstein is an IBCLC, doula, translator and writer in Norwich, England. Two of her most recent books are *We're Here! A Practical Guide to Becoming an LGBTQ+ Parent* and *The Portrayal of Breastfeeding in Literature*. She lives with her wife and their daughters in Norwich, England.

## **LGBTQ+ infant feeding**

This presentation will explain terminology around LGBTQ+ people/parents and then go on to discuss the ethical and practical issues involved in LGBTQ+ infant feeding. It will cover a range of queer feeding approaches, included induced lactation and co-feeding. The audience will gain knowledge and confidence in regard to supporting LGBTQ+ families.

1.25 L (V,VII) CERP, 1.25 CME and 1.25 CNE



***Miriam Feen, IBCLC***

Miriam Feen has been supporting parents for 15 years. She has a private practice and also works in the NHS in London UK.

Miriam started to be interested in the Lactation field after challenges in her own feeding journey. She became a peer supporter and volunteered for many years in her local area of London. She wanted to expand her knowledge and continued to study, becoming an IBCLC in 2013. She believe that all families deserve the right to feed their

babies the way they want to and she offers non-judgmental support. Breastfeeding is so much more than just feeding your baby.

Miriam works in private practice where she supports parents on their infant feeding journey from the antenatal to postnatal period or whenever they choose to end their feeding journey and supports parents in all aspects of early parenthood. She believes that the parent's instinct is the greatest knowledge of all as they are synchronized to their baby's needs and they are the experts and she tries to empower them.

She provides one-to-one face-to-face consultations in the clients home, or remote support via video and phone call consultations.

Miriam provides many educational sessions to parents, birth workers and healthcare professionals.

Miriam currently works in the NHS as a lactation consultant in the specialist breastfeeding clinic for complex cases and as a lactation consultant in the tongue-tie clinic.

## **Keep it responsive – introducing solid foods and continuing breastfeeding**

Introducing solid foods to babies can present challenges for parents on how to continue breastfeed. Breastmilk is still the most important nutrient for babies under one year old alongside exploring new foods. In this presentation we will discuss the importance of continuing responsive breastfeeding/chest-feeding, how feeding can change, different ways to introduce solid foods and how to support families with the correct information.

1.25 L (I,V,VII) CERP, 1.25 CME and 1.25 CNE



### **Marsha Walker, RN, IBCLC**

Marsha Walker is a registered nurse and international board certified lactation consultant. She has been assisting breastfeeding families in hospital, clinic, and home settings since 1976. As such, she advocates for breastfeeding at the state and federal levels. She served as a vice president of the International Lactation Consultant Association (ILCA) from 1990-1994 and in 1999 as president of ILCA.

She is a previous board member of the US Lactation Consultant Association, Baby Friendly USA, Massachusetts Lactation Consultant Association, and the Massachusetts Breastfeeding Coalition. She serves as Associate Editor of Clinical Lactation, and a board member of the National Lactation Consultant Alliance. Marsha is an international speaker, and an author of numerous publications including ones on the hazards of infant formula use, Code issues in the US, and *Breastfeeding Management for the Clinician: Using the Evidence*, 5th edition.

### **Exclusive pumping: pros, cons, considerations**

Approximately 85% of mothers have expressed milk sometime since their infant was born. About 5.6% of these mothers exclusively pump their milk. There are many reasons for this and a number of unanswered questions regarding the practice—do the same health advantages accrue to the exclusively pumping mother compared with a parent that directly breastfeeds (reduction in reproductive cancers, type II diabetes, myocardial infarction, metabolic syndrome)? Are there different health outcomes for the infant? Is pumped milk equivalent to milk directly fed from the breast? This presentation will explore the many nuances of expressed breastmilk, breast pumps, pumping more effectively, typical problems and possible interventions. Recommendations will be provided for a healthy, successful experience.

1.00 L (II,VI,VII) CERP, 1.00 CME and 1.00 CNE



### **Vanisha Virgo**

Vanisha Virgo is a childcare professional, Doula/Birthworker, infant feeding and baby wearing consultant, author and speaker.

Her work in the education and birth world highlighting the need to create this presentation. She is a strong advocate for equity, especially within the fields she work in as this are where the most vulnerable people are and where most

people are silenced and harmed.

### **An introduction to bias awareness**

This is an introduction presentation that is aimed at starting an uncomfortable conversation for all that are in roles that directly or through managerial roles provide support to all of the public including people who are black, brown, ethnic minority and other marginalised people.

1.00 R (V,VII) CERP, 1.00 CME and 1.00 CNE



### ***Reginald Day, CLC, CHW***

Reginald Day is a Certified Lactation Counselor and Community Health Worker with over 6 years of experience serving families and specifically fathers. Specializing in fatherhood and perinatal support, Reginald uses his experience to walk alongside families and fathers during the parenthood journey by supporting with coaching, community resources and connections.

By ensuring that the whole family is centered and that the SDoH needs are factored into the care of families, Reginald has made good use of his bachelor's degree in Health Service Administration from University of Detroit Mercy along with his CLC and CHW certification. Having served as an administrator in home health for over 12 years he decided to follow his passion for serving and uplifting families. Over the years, Reginald has grown his community connections and shared his experience by participating in many local, state, and national conferences, ensuring that fathers are centered along with mom and baby in maternal and infant health care.

When he is not working and supporting families, Reginald enjoys being with his family whether outdoors enjoying nature or sharpening his photography and videography skills.

### **Family approach to reaching breastfeeding goals: a father's role**

Fatherhood involvement early on lends itself to better outcomes as it relates maternal and infant health. This presentation aims to explore not only the benefits of fatherhood involvement but also practical ways to encourage that involvement looking at breastfeeding as a means to do so.

1.50 L (V,VII) CERP, 1.50 CME and 1.50 CNE



### ***María Jose Vallasciani, MS, RDN/LD, RN, CNSC, IBCLC, CSSD***

María Jose Vallasciani is a Registered Dietitian and Nurse, as well as Lactation consultant working in the NICU at Holtz Children's Hospital and Outpatient in the Genetics Clinic at the University of Miami, in Miami Florida, USA. She is the founder of MVNUTRITION, a private practice that focus on sports and pediatric nutrition, clinical, pregnancy and lactation. María is also a former professional

and NCAA Division 1 college tennis player and also an ironman athlete.

### **Keeping the flow while returning to sports: the breastfeeding athlete**

The presentation reviews sports nutrition and its application to the breastfeeding females athlete and the postpartum athlete.

1.00 L (I,II,V,VII) CERP, 1.00 CME and 1.00 CNE





***Ellen Maughan, JD, IBCLC***

Ellen Maughan, is a retired attorney who has been helping families achieve their lactation goals for over 27 years, first as a La Leche League Leader and since 2001, as an International Board Certified Lactation Consultant. Ellen has worked as an IBCLC in hospital, WIC and pediatric office settings as well as in her own private practice. In 2019, Ellen transitioned primarily to lactation policy work and

collaborated with the New Jersey Department of Health to create the New Jersey Breastfeeding Strategic Plan, a roadmap of lactation policy recommendations released in September 2022. She serves on other family health policy-making groups and actively advocates for lactation rights and policies with the New Jersey Breastfeeding Coalition as a trustee and past president. In addition, Ellen is an adjunct faculty member in the Human Lactation pathway 2 program at Drexel University, Philadelphia, USA where she co-teaches the Public Policy of Breastfeeding course. She speaks nationally on lactation rights and advocacy topics.

**Breastfeeding as a human right: the evidence, the ethics and the urgency**

Breastfeeding has been declared a human rights issue by United Nations experts for over 5 years, yet the right to breastfeed continues to be undermined in the health care system and in society by numerous commercial and other influences. This presentation will explore the theoretical, ethical, and evidential bases for protecting breastfeeding as a human right, the barriers this protection continues to face, and recommended strategies for advancing this human right in public health, educational and social arenas that can be used by lactation clinicians, advocates and policymakers alike.

1.00 E (VII) CERP, 1.00 CME and 1.00 CNE



***Maureen Groer, BS, MSN, PhD***

Dr Maureen Groer is a Professor in the College of Nursing at the University of Tennessee, Knoxville, TN, USA She is a Family Nurse Practitioner and a human physiologist. She has had a long research history in breast milk biology and benefits of lactation for women and children. Her research has been funded by NIH, and she has over 140 publications.

**Microbiome and metabolome of human milk**

This presentation will review the current state of science in human milk microbiome and metabolome. And also discuss how this biochemistry and microbiology affects the quality and nature of human milk in various populations. It will go on to describe ways in which these variables can be altered in states of health and illness.

1.00 L (I, VII) CERP, 1.00 CME and 1.00 CNE



***Kristin Cole Cavuto, MSW, LCSW, IBCLC***

Kristin Cole Cavuto is a Licensed Clinical Social Worker and International Board Certified Lactation Consultant in private practice in central NJ, USA. Her practice specialties are low supply, parental and infant mental health, and the intersection of ethnicity, sexual orientation, and gender in the care of the new family. They have spoken on various lactation, mental health, and equity topics

for many regional, national, and international conferences and organizations. She serves as a legal advocate and expert witness for cases involving lactation and child welfare.

**Eating disorders in the perinatal client: a trauma informed model**

As lactation professionals, we see clients who are experiencing many challenges during the perinatal period. Clients with eating disorders are uniquely at risk, as are their babies. This presentation will educate the perinatal professional about how eating disorders present in the childbearing year and beyond. It will explore the connection between trauma and disordered eating, and teach how to be a trauma informed provider for eating disordered clients. It will give detailed information on binge eating disorder, bulimia, anorexia, and orthorexia, focusing on how they present during pregnancy and postpartum. It will discuss the specific and unique challenges the person with an eating disorder may have during lactation, including postpartum body image, elimination diets, and provider bias. The learner will gain the skills needed to screen for disordered eating and provide culturally humble and appropriate referral for congruent care.

1.00 L (I,III,V,VII) CERP, 1.00 CME and 1.00 CNE



***Carol Smyth, IBCLC, MBACP***

Carol Smyth is an IBCLC and CBT therapist. She lives and works in Northern Ireland and is the author of *Why Infant Reflux Matters*. She is passionate about minimising the gap between societal expectations of normal baby behaviour and what is physiologically normal for babies, and in improving mental health for the whole family.

**Reflux symptoms in babies – is it an acid problem?**

Over the past 30 years there has been an increasing trend of treating crying babies with reflux medications, however research tells us that reflux is normal in young babies and acid suppressants don't reduce crying. This presentation looks at the research and symptoms attributed to GORD which are actually misunderstood communications or feeding problems, and how they might be resolved/reduced.

1.25 L (III,VII) CERP, 1.25 CME and 1.25 CNE



### ***Anna Verwaal, RN, CLE***

Anna Verwaal is a birth consultant, primary period teacher, lactation instructor and nurse with a mother-child specialization. Her expertise is preconception to postnatal education and counseling. Since 1995 Anna has been a member of APPPAH, the Association of Pre and Perinatal Psychology and Health and is closely associated with the founders and pioneers of pre and perinatal psychology. Since 2006 she has given lectures and workshops worldwide on pre- and perinatal imprints and trauma, hormonal physiology, and the psychological, emotional, cultural and spiritual aspects of the birth process.

### **From womb to world, the journey that shapes our lives**

It has been scientifically proven that conception, pregnancy and birth form a deep imprint on a human life. During this lecture it becomes clear how important it is to know more about the way pre- and perinatal imprints, fears or traumas can affect newborn babies, (young) children and adults, and what we can do to prevent re-activation and support healing imprints.

1.50 L (V,VII) CERP, 1.50 CME and 1.50 CNE



### ***Aimee Grant, PhD***

Dr Aimee Grant is a Senior Lecturer in public health and a Wellcome Trust Career Development Fellow, at Swansea University UK. Aimee's postdoctoral research has focused on experiences of pregnancy and early parenthood for marginalised groups, including white working class and Disabled people. In 2019, she was diagnosed as Autistic and began researching Autistic reproductive health. She is interested in qualitative methodological development and has written two books to date: *Doing Excellent Research With Documents* (Routledge, 2019) and *Doing Your Research Project With Documents* (Policy Press, 2022). She is currently writing *The Autism-friendly guide to pregnancy (and the fourth trimester)*, which will be published in 2024.

### **Supporting autistic parents with infant feeding**

Around 3% of people are autistic, and communicate and experience the sensory world differently. Autistic birthing people are often highly motivated to breastfeed, but can experience additional challenges compared to non-autistic parents. This presentation highlights the known challenges and strategies to overcome them, aiming to increase confidence in working with autistic parents.

1.00 L (III,V,VI,VII) CERP, 1.00 CME and 1.00 CNE



### ***Naomi Bar-Yam, MSW, PhD, ACSW***

Dr Naomi Bar-Yam has been working in maternal and child health for over 35 years as an educator, researcher, advocate, and writer. Her professional training is in social work and social policy. Naomi is past president of the Human Milk Banking Association of North America (HMBANA) and the founder and director emerita of Mothers' Milk Bank Northeast, which provides safe donor milk to

hospitals and families throughout the northeastern US. She is thoroughly versed in and speaks widely on technical, ethical and policy aspects of milk banking and breastfeeding.

### **Ethical issues in human milk exchange**

Human milk has been a commodity of exchange for millennia. This presentation explores contemporary ethical issues in human milk exchange, including donation verse payment, safety for recipients, protection for suppliers, allocation of this scarce resource, and making the resource less scarce.

1.25 E (VII) CERP, 1.25 CME and 1.25 CNE



### ***Adrienne Guirguis, IBCLC, CSOM***

Adrienne Guirguis, a board certified lactation consultant has over 25 years experience in helping breastfeeding infants and their families. She began her journey into the world of lactation after struggling to breastfeed her oldest son. She became an accredited La Leche League leader and was able to help babies breastfeed. Her experience with La Leche League led Adrienne to become a

International Board Certified Lactation Consultant (IBCLC). She has been board certified for 20 years and has experience with a wide range of problems that may be experienced by new families. Adrienne has worked in hospital for over 10 years and then worked in community health for many years. She is currently in private practice – a clinical practitioner, working hands on with families to improve feeding outcomes. Adrienne continues her lactation education, constantly attending conferences and courses to stay up-to-date on the information and skills needed to benefit those who most need breastfeeding help. In 2022 Adrienne completed the Holistic Integrative/Functional Lactation course, a year long program followed by a residency. This course has increased her skills to provide the best care for the families with whom she works.

Adrienne also is an educator, working within the community to teach others the skills necessary to become lactation counselors and eventually board certified lactation consultants. Adrienne is married and the mother of two grown sons.

### **Impact of chrononutrition, infant feeding and circadian rhythms**

Chrononutrition can be defined as the relationship between eating, circadian rhythms and health. In today's world, many infants are fed expressed breastmilk. We look at the research to see the impact of infant feedings both at breast and via bottle and it's relationship to infant health and development.

0.75 L (I,II,V,VII) CERP, 0.75 CME and 0.75 CNE





### ***Phyll Buchanan, MSc (Oxon)***

Phyll Buchanan is a Breastfeeding Network (BfN) Supporter, tutor and supervisor. She is a co-author of the recently updated Cochrane review 'Support for healthy breastfeeding women with healthy term babies' and helped to lead on stakeholder and parent co- production for the NIHR-funded Action4Breastfeeding study. She was one of the founders of the UK

Breastfeeding Network (BfN) in 1997 and was seconded to the Department of Health for three years 2008-11.

### ***Eleanor Campbell, BSc, IBCLC, PGCE***

Eleanor Campbell is the Chair of the Association of Breastfeeding Mothers. She has been involved on third sector breastfeeding support since 2013, as a peer supporter, breastfeeding counsellor. As an educator, her focus is on improving access to training and accessibility of training materials. She has a private practice as an IBCLC in London, where she lives with her three daughters.

### ***Zoe Faulkner, BA (Hons), IBCLC***

Zoe Faulkner has been Chair of Lactation Consultants of Great Britain (LCGB) since 2015. Zoe worked as a Breastfeeding Peer Support Coordinator for 15 years for Sussex Community NHS Foundation Trust in Brighton and Hove, managing, training and supervising around 40 volunteers at any one time. She is now in a Breastfeeding Specialist role, providing support to families experiencing persistent and complex challenges as well as supporting the implementation of BFI standards.

Zoe is co-author of *The role and practice of the IBCLC in GB* research project. Other work includes co-writing a number of articles for Midirs.

Zoe also teaches breastfeeding to NHS colleagues and is a visiting lecturer at the University of Brighton. She has also spoken at a number of national and international conferences, such as ILCA, iLactation and MAINN, where she has presented on *The role and practice of the IBCLC in GB* and topics relating to Breastfeeding Peer Support. She is also a former NICE Guideline committee member. Zoe has a small private practice as an IBCLC in her local area. and also sits on the ILCA Board of Directors.

### **Unpacking the expertise: developing the UK infant feeding competencies framework**

This presentation discusses the development of the UK Infant Feeding Support Competencies Framework: a tool that sets out the range of knowledge, skills and attributes required by the infant feeding workforce and maps them against different roles or groups of similar roles. The purpose is to improve services and workforce diversity by identifying shared knowledge and skills, and unique characteristics of roles within the UK infant feeding support workforce.

1.50 E (VII) CERP, 1.50 CME and 1.50 CNE

# Continuing Education

## CERPs

[International Board Lactation Consultant Examiners® \(IBLCE®\)](#) have approved this activity for Continuing Education Recognition Points (CERPs)

CERPs approval number = **CL2022-1HK**

CERPs allocated = 17.25 CERPs (12.50 L, 3.75 E & 1.00 R CERPs)

Please note that if you are thinking of taking the IBLCE® exam, our continuing education counts for 17.25 pre-exam education hours.

iLactation CERPs can be used for re-certification for both IBCLC® and CLC certificants.

Re-certifying IBCLCs may find this document giving details of the presentations' *Detailed content outline* topics helpful, [Quick reference for CERPs](#).

Our conference presentations align with the [IBLCE® Detailed Content Outline](#) topics as follows:

- I. Development and Nutrition 5.00 CERP
- II. Physiology and Endocrinology 1.75 CERP
- III. Pathology 4.25 CERP
- IV. Pharmacology and Toxicology 0.00 CERP
- V. Psychology, Sociology and Anthropology 11.75 CERP
- VI. Techniques 2.00 CERP
- VII. Clinical Skills 17.25 CERP

Correct at time of publication. Please note some presentations may appear in multiple topic categories, but can be claimed for only one. Please decide according to your individual recertification requirements.

iLactation has been accepted by International Board of Lactation Consultant Examiners® (IBLCE®) as a CERP Provider for the listed Continuing Education Recognition Points (CERPs) programme. Determination of CERPs eligibility or CERPs Provider status does not imply IBLCE®'s endorsement or assessment of education quality. INTERNATIONAL BOARD OF LACTATION CONSULTANT EXAMINERS®, IBLCE®, INTERNATIONAL BOARD CERTIFIED LACTATION CONSULTANT®, and IBCLC® are registered marks of the International Board of Lactation Consultant Examiners.

## CME and CNE points

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the [Interstate Postgraduate Medical Association \(IPMA\)](#) and iLactation. The IPMA is accredited by the ACCME to provide continuing education for physicians.

CME: AMA PRA Category 1 Credit™ for both physicians and non-physicians.

CNE: Contact hours for nurses from the California Board of Registered Nursing

For information on how this activity fits in the Royal College Maintenance of Certification (MOC) Program, please visit the [Royal College's](#) website.

## Other CPD Points

Each part of the world has different requirements for obtaining CEU, CME & CPD credits. We can provide the necessary documentation for individuals to submit for credits to their local authority. Please contact us at [info@ilactation.com](mailto:info@ilactation.com).

CPD points from the Australian College of Midwives will not be applied for this year as they are no longer WHO Code complaint.

## Conference Timeline

1. iLactation conference *Human milk magic* will be online from Sept 15 – Dec 15, 2023.
2. Earlybird registration begins July 1, 2023.
3. Standard registration begins on August 8, 2022.
4. iLactation conference *Human milk magic* officially begins on Sept 15, 2023.
5. Questions asked of speakers on or before Oct 10 will be answered by Oct 20, 2023.
6. Questions asked of speakers on or before Nov 20 will be answered by Nov 30, 2023.
7. Presentations will not be available after Dec 15, 2023.
8. Handouts will be available for download throughout the conference. Final date for download by participants will be Dec 15, 2023.

## Registration Information

Registration for the online breastfeeding conference, *Human milk magic*, is now open at <https://ilactation.com/>.

Conference will be online from **Sept 15 – Dec 15, 2023**.

Below you will find the registration price according to your country, which is determined by the International Lactation Consultant Association membership categories.

	Standard	Group
Cat. A Countries	US\$220	US\$205
Cat. B, C & D Countries	US\$75	US\$65

Please contact us at [info@ilactation.com](mailto:info@ilactation.com) for special registration rates for large groups of **over 30 participants**, eg hospital staff, WIC, breastfeeding coalitions or peer support counsellors.

Participants will have unlimited access to all of the presentations until the end of the conference on December 15, 2022, including our Ask the Speaker facility, Certificates and the Handouts. Handouts will be available for download throughout the conference. The Conference is a complete package; it is not possible for you to register for individual presentations.

iLactation uses PayPal as the main payment method. If Paypal is not available in your country or you encounter other difficulties with PayPal please contact us at [info@ilactation.com](mailto:info@ilactation.com) for an alternative payment method.

## Membership Categories

### Category A:

Andorra, Anguilla, Australia, Austria, Bahamas, Bahrain, Barbados, Belgium, Bermuda, Brunei, Canada, Cayman Islands, Croatia, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Germany, Hong Kong, Hungary, Iceland, Ireland, Israel, Italy, Japan, Kuwait, Liechtenstein, Luxembourg, Macao, Malta, Monaco, Netherlands, New Zealand, Norway, Oman, Poland, Portugal, Qatar, San Marino, Saudi Arabia, Singapore, Slovakia, Slovenia, South Korea, Spain, Sweden, Switzerland, Taiwan, Trinidad and Tobago, United Arab Emirates, United Kingdom and United States of America.

### Category B:

Albania, Algeria, American Samoa, Antigua and Barbuda, Argentina, Azerbaijan, Belarus, Belize, Bosnia and Herzegovina, Botswana, Brazil, Bulgaria, Chile, China, Colombia, Costa Rica, Cuba, Curaçao, Dominica, Dominican Republic, Ecuador, Fiji, Greece, Grenada, Guatemala, Iran, Jamaica, Jordan, Kazakhstan, Kiribati, Latvia, Lebanon, Libya, Lithuania, Macedonia, Malaysia, Maldives, Mauritius, Mexico, Montenegro, Palau, Peru, Puerto Rico, Romania, Russia, St. Kitts and Nevis, St. Lucia, St. Vincent & the Grenadines, Serbia, Seychelles, South Africa, Thailand, Turkey, Uruguay and Venezuela.

### Category C:

Angola, Armenia, Bhutan, Bolivia, Cape Verde, Côte d'Ivoire, Djibouti, Egypt, El Salvador, Gabon, Georgia, Ghana, Guyana, Honduras, India, Indonesia, Iraq, Marshall Islands, Micronesia, Moldova, Mongolia, Morocco, Namibia, Nigeria, Pakistan, Palestine, Panama, Paraguay, Philippines, Samoa, Sri Lanka, Suriname, Swaziland, Timor-Leste, Tunisia, Turkmenistan, Tuvalu, Ukraine, Uzbekistan and Vietnam.

### Category D:

Afghanistan, Bangladesh, Benin, Burkina Faso, Burundi, Cambodia, Cameroon, Central African Republic, Chad, Comoros, Democratic Republic of Congo, Equatorial Guinea, Eritrea, Ethiopia, Gambia, Guinea, Guinea-Bissau, Haiti, Kenya, Kyrgyz Republic, Lesotho, Liberia, Madagascar, Malawi, Mali, Mauritania, Mozambique, Myanmar, Nauru, Nepal, Nicaragua, Niger, North Korea, Papua New Guinea, Rwanda, Sao Tomé and Príncipe, Senegal, Sierra Leone, Solomon Islands, Somalia, South Sudan, Sudan, Syria, Tajikistan, Tanzania, Togo, Tonga, Uganda, Vanuatu, Yemen, Zambia and Zimbabwe.

## Group Registrations

Group registration will apply to groups of 6 or more delegates registering in one transaction. The organizer of the group needs to contact us at [info@ilactation.com](mailto:info@ilactation.com) with the list of names and email addresses for all your group members, and any purchase order numbers required by your organization. We will invoice the organization or group organizer for one registration payment, which will be the total amount due for the number of delegates multiplied by the group registration price. (eg 6 delegates x \$205 = \$1,230) We will provide a group receipt. Only registered paid group members are eligible for continuing education points.

Please contact us at [info@ilactation.com](mailto:info@ilactation.com) for special registration rates for large groups of **over 30 participants**, eg hospital staff, WIC, breastfeeding coalitions or peer support counsellors.



# Conference disclosures

As a provider dedicated to independent education and accredited by the ACCME, IPMA must ensure balance, independence, objectivity, and scientific rigor in all of its educational activities. All individuals with potential to influence the content of this program have disclosed all financial relationships that have occurred in the past 24 months with ineligible companies. The disclosures have been reviewed according to policy and these declarations are listed below. All individuals with potential conflicts have been contacted as needed by IPMA staff, and issues of conflict have been discussed, managed, and mitigated.

Name	Role	Disclosure
Kelsey Palmer Bianca, MA, CLC	Faculty	No relevant relationships with ineligible companies to report
Amy Black, IBCLC	Content Review	No relevant relationships with ineligible companies to report
Kimarie Bugg, DNP, MPH, FAAN, IBCLC	Faculty	No relevant relationships with ineligible companies to report
Rachel Chiodo, BA, GradDip (Child & Adol Psych)	Faculty	No relevant relationships with ineligible companies to report
Megan Dunn, BS, IBCLC	Faculty	No relevant relationships with ineligible companies to report
Alexandra Glass, MD, IBCLC	Faculty	No relevant relationships with ineligible companies to report
Christy Jo Hendricks, IBCLC, RLC, CLE, CCCE	Faculty	No relevant relationships with ineligible companies to report
Irma Hidayana, PhD	Faculty	No relevant relationships with ineligible companies to report
Shela Hirani, PhD, IBCLC, RN	Faculty	No relevant relationships with ineligible companies to report
Saarah Hung, BSc, MSc, IBCLC	Planner	No relevant relationships with ineligible companies to report
Robin Kaplan, MEd, IBCLC	Faculty	No relevant relationships with ineligible companies to report
Iona Macnab, BA (Hons), LLB, IBCLC	Planner	No relevant relationships with ineligible companies to report
Heide Macnab RRN, RM, RPN, MCHN, IBCLC	Planner	No relevant relationships with ineligible companies to report
Bodo Melnick, MD	Faculty	No relevant relationships with ineligible companies to report
Nicola Mills, BHB, MBChB, Dip Paeds, FRACS, IBCLC, PhD	Faculty	No relevant relationships with ineligible companies to report
Eithne Murray, IBCLC, MA, Bed, Dip in Breastfeeding Counseling	Faculty	No relevant relationships with ineligible companies to report
Vanisha Nambiar, PhD, MSc	Faculty	No relevant relationships with ineligible companies to report
Katrien Nauwelaerts, BA, MA, IBCLC	Faculty	No relevant relationships with ineligible companies to report
Heidi Ness	Planner	No relevant relationships with ineligible companies to report
Lourdes M Santaballa Mora, MS, IBCLC, CLAAS, IYCFS	Faculty	No relevant relationships with ineligible companies to report
Tom Van den Broeck, IBCLC	Faculty	No relevant relationships with ineligible companies to report
Caoimhe Whelan, Beng, IBCLC	Faculty	No relevant relationships with ineligible companies to report
Nancy Wight, MD, IBCLC, FAAP, FABM	Faculty	No relevant relationships with ineligible companies to report

## Commercial Support

None

For questions about the accreditation of these web modules, please contact the Interstate Postgraduate Medical Association at: +1 866.446.3424 or [cmehelp@ipmameded.org](mailto:cmehelp@ipmameded.org).

# Educational information

**Target Audience:** This activity is designed to meet the educational needs of Physicians, Neonatologists, Pediatricians, GPs, IBCLCs, Nurse practitioners, Registered Nurses, Midwives, Registered dietitians, Peer supporters, Doulas, and Childbirth educators.

**Estimated time to complete activity:** 20.25 hours

**Conference Objectives:** At the conclusion of this conference, participants should be able to:

1. Describe and integrate important breastfeeding counselling & communication skills.
2. Identify some factors which can facilitate or interfere with early initiation of breastfeeding.
3. Outline the impact of some breastfeeding challenges, and how to assist the parent-infant dyad in overcoming these.
4. Discuss new research into impacts of aspects of neonatal anatomy and function on breastfeeding and infant health.
5. Recognise the ongoing importance of awareness and understanding of the WHO Code in lactation practice.

**Criteria for successful completion for continuing education credit:** In order to be eligible for continuing education credits for this conference, you must have viewed a presentation in full, either in one sitting or in several sittings. CME, CNE and CRD CPEUs credits will also require you to successfully complete a post-test (passing with a score of 70% or more) and an evaluation. iLactation tracks and submits viewing records for each participant to the certifying authorities.

**Disclosure of Unlabeled Use:** This educational activity may contain discussion of published and/or investigational uses of agents that are not indicated by the FDA. The planners of this activity do not recommend the use of any agent outside of the labeled indications.

The opinions expressed in the educational activity are those of the faculty and do not necessarily represent the views of the planners. Please refer to the official prescribing information for each product for discussion of approved indications, contraindications, and warnings.

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