



Quick reference list for recertifying IBCLCs

Detailed content outline topics (2023)

Low milk production when pump dependent

1.25 L (III,IV,VI,VII) CERP

What to do when the baby has not latched on yet or is sucking ineffectively

2.25 L (III,VI,VII) CERP

Breastfeeding case reports

1.00 L (VII) CERP

The 2022 ABM mastitis protocol simplified

1.50 L (III,VII) CERP

Lactation crutch phrases:

when was the last time you cleared your cache?

1.225 R (IV,VII) CERP

The infant formula shortage: what are we short on

1.00 E (VII) CERP

Chrononutrition... or can breastmilk tell time?

1.00 L (I) CERP

Positional asymmetries, breastfeeding and the ATNR

1.00 L (III,VI,VII) CERP

Social value of BFHI and Ten Steps in Australia and Indonesia

0.75 L (VII) CERP

Induced lactation, journey to be a mahram

0.75 L (II,V,VI) CERP

PCOS and lactation

1.50 L (II,IV,VI) CERP

Clubfeet and exclusive breastfeeding

1.00 L (I,III,VI) CERP

Addressing burnout: put the CARE back in caregiver

1.00 R (VII) CERP

Relational research and building liquid bridges

0.75 L (VII) CERP

Breastfeeding and climate change

0.75 E (VII) CERP

White tears: choices in lactation after loss

1.50 L (V,VI,VII) CERP

Breastfeeding and gut (the magic formula)

0.75 L (I,II,III) CERP

I. Development and Nutrition 2.75 CERP
II. Physiology and Endocrinology 3.00 CERP
III. Pathology 7.75 CERP
IV. Pharmacology and Toxicology 4.00 CERP
V. Psychology, Sociology and Anthropology 2.25 CERP
VI. Techniques 9.25 CERP
VII. Clinical Skills 14.00 CERP