



## Quick reference list for recertifying IBCLCs

### Detailed content outline topics (2023)

*Low milk production when pump dependent*

1.00 L (III,IV,VI,VII) CERP

*What to do when the baby has not latched on yet or is sucking ineffectively*

2.00 L (III,VI,VII) CERP

*Breastfeeding case reports*

1.50 L (VII) CERP

*The 2022 ABM mastitis protocol simplified*

1.25 L (III,VII) CERP

*Lactation crutch phrases:*

*when was the last time you cleared your cache?*

1.00 R (IV,VII) CERP

*The infant formula shortage: what are we short on*

1.00 E (VII) CERP

*Chrononutrition... or can breastmilk tell time?*

1.00 L (I) CERP

*Positional asymmetries, breastfeeding and the ATNR*

0.75 L (III,VI,VII) CERP

*Social value of BFHI and Ten Steps in Australia and Indonesia*

0.75 L (VII) CERP

*Induced lactation, journey to be a mahram*

0.75 L (II,V,VI) CERP

*PCOS and lactation*

1.00 L (II,VI) CERP

*Clubfeet and exclusive breastfeeding*

0.75 L (I,III,VI) CERP

*Addressing burnout: put the CARE back in caregiver*

1.00 R (VII) CERP

*Relational research and building liquid bridges*

1.00 L (VII) CERP

*Breastfeeding and climate change*

1.00 E (VII) CERP

*White tears: choices in lactation after loss*

1.00 L (V,VI,VII) CERP

*Breastfeeding and gut (the magic formula)*

0.75 L (I,II,III) CERP

I. Development and Nutrition 2.75 CERP
II. Physiology and Endocrinology 2.50 CERP
III. Pathology 6.75 CERP
IV. Pharmacology and Toxicology 2.00 CERP
V. Psychology, Sociology and Anthropology 1.75 CERP
VI. Techniques 7.50 CERP
VII. Clinical Skills 13.00 CERP