



## Quick reference list for recertifying IBCLCs

### Detailed content outline topics (2022)

#### *Pump it up!*

1.25 L (IV,VI,VII) CERP

#### *Breastfeeding & hypoglycemia: the highs & the lows (the never-ending story)*

1.25 L (I,II,III,VII) CERP

#### *“Look at me, Mum!” A focus on maternal gaze. Breastfeeding as a window into the visual dialogue between mother & baby*

1.00 L (I,V) CERP

#### *Milk exosomal microRNAs in the prevention and treatment of necrotizing enterocolitis*

1.50 L (I,II,VII) CERP

#### *Instinctive nursing: simple and effective*

1.00 L (I,V,VI,VII) CERP

#### *Exploitation of the COVID-19 pandemic by BMS companies in Indonesia*

0.75 E (VII) CERP

#### *Providing virtual support to chest/breastfeeding families*

1.00 L (I,V,VI,VII) CERP

#### *Also known as the WHO Code: understanding and making the International Code relevant*

1.25 E (VII) CERP

#### *Motivational Interviewing - launching communication skills for the perinatal professional*

1.00 R (VII) CERP

#### *Newborn feeding practices and barriers of early initiation – a cross sectional study from a public hospital of Vadodara City, Gujarat, India*

0.75 L (VI,VII) CERP

#### *The functional anatomy of sucking during breastfeeding: How amazing is the tongue!*

1.50 L (III,VI,VII) CERP

#### *The functional anatomy of swallowing and airway protection in the breastfeeding infant: Understanding the impact of positioning*

0.75 L (III,VI,VII) CERP

#### *Lactation support for patients with larger breasts/chests*

1.50 L (I,VI,VII) CERP

#### *Breastfeeding challenges of refugee mothers in Canada: challenges, opportunities and the way forward*

1.00 L (V,VII) CERP

#### *Providing sensitive and person-centred breastfeeding support to women who have primary low milk supply*

1.00 L (II,III,VII) CERP

#### *Persistent pain with breastfeeding*

1.00 L (III,VI) CERP

#### *Gifts, growing, and love: depictions of breastfeeding in children’s literature*

1.00 L (V,VII) CERP

#### *Professional guidance for parents with a crying baby: what questions to ask?*

1.00 L (I,V) CERP

#### *How can we talk about breastfeeding?*

0.75 L (V,VII) CERP

I. Development and Nutrition 8.25 CERP
II. Physiology and Endocrinology 3.75 CERP
III. Pathology 5.50 CERP
IV. Pharmacology and Toxicology 1.25 CERP
V. Psychology, Sociology and Anthropology 6.75 CERP
VI. Techniques 8.75 CERP
VII. Clinical Skills 17.25 CERP