



Quick reference list for recertifying IBCLCs

Detailed content outline topics (2022)

Pump it up!

1.00 L (IV,VI,VII) CERP

Breastfeeding & hypoglycemia: the highs & the lows (the never-ending story)

1.00 L (I,II,III,VII) CERP

“Look at me, Mum!” A focus on maternal gaze. Breastfeeding as a window into the visual dialogue between mother & baby

1.00 L (I,V) CERP

Milk exosomal microRNAs in the prevention and treatment of necrotizing enterocolitis

1.50 L (I,II,VII) CERP

Instinctive nursing: simple and effective

1.00 L (I,V,VI,VII) CERP

Providing virtual support to chest/breastfeeding families

1.00 L (I,V,VI,VII) CERP

Exploitation of the COVID-19 pandemic by BMS companies in Indonesia

0.75 E (VII) CERP

Also known as the WHO Code: understanding and making the International Code relevant

1.25 E (VII) CERP

Motivational Interviewing - launching communication skills for the perinatal professional

1.00 R (VII) CERP

Newborn feeding practices and barriers of early initiation – a cross sectional study from a public hospital of Vadodara City, Gujarat, India

0.75 L (VI,VII) CERP

The functional anatomy of sucking during breastfeeding: How amazing is the tongue!

1.50 L (III,VI,VII) CERP

The functional anatomy of swallowing and airway protection in the breastfeeding infant: Understanding the impact of positioning

1.00 L (III,VI,VII) CERP

Lactation support for patients with larger breasts/chests

1.00 L (I,VI) CERP

Breastfeeding challenges of refugee mothers in Canada: challenges, opportunities and the way forward

1.00 L (V,VII) CERP

Providing sensitive and person-centred breastfeeding support to women who have primary low milk supply

1.00 L (II,III,VII) CERP

Persistent pain with breastfeeding

1.00 L (III,VI) CERP

Gifts, growing, and love: depictions of breastfeeding in children’s literature

1.00 L (V,VII) CERP

Professional guidance for parents with a crying baby: what questions to ask?

1.00 L (I,V) CERP

How can we talk about breastfeeding?

0.75 L (V,VII) CERP

I. Development and Nutrition 7.50 CERP
II. Physiology and Endocrinology 3.50 CERP
III. Pathology 5.50 CERP
IV. Pharmacology and Toxicology 1.00 CERP
V. Psychology, Sociology and Anthropology 6.75 CERP
VI. Techniques 8.25 CERP
VII. Clinical Skills 15.50 CERP