

iLactation

# NUTRITION + LOVE



Conference online: March 6 - May 6, 2019

US\$195 (group rates available)

20 CERPs • 20 CMEs • 20 CNEs



**Penny Van Esterik, MA, PhD**

Breastfeeding and the Dance of Nurture: why dance? why nurture?



**Dinka Barić, MSN, IBCLC**

Breastfeeding support groups – the Croatian experience



**Johanna Sargeant, BA, BA, IBCLC**

It's not about the milk: unexpected insights from donor milk recipients



**Jennifer Peregoy, MPH**

Modern day milk sharing: practices and perceptions



**Luke Grzeskowiak, PhD, BPharm(Hons)**

Using domperidone in the management of lactation insufficiency: a summary of evidence and practice recommendations



**Christina Smillie, MD, FAAP, IBCLC, FABM**

From the perils of block feeding to the magic of a milkshake: addressing the challenges of hyperlactation and

The art of differential diagnosis for lactation consultants: what, why, and how (and why it's within the LC's scope of practice!)



**Anne Merewood, PhD, MPH, IBCLC**

Successful scale up of the BFHI: the CHAMPS approach



**Fiona Jardine, MA, LLM, MLS, ALC**

Breastfeeding without nursing: myth-busting exclusive milk expression to improve support given to exclusive pumpers



**Melissa Theurich, BSc, MPH, CLEC**

Complementary feeding gadgets and packaging



**Shel Banks, IBCLC**

Faltering growth in the milk fed infant



**Bryna Sampey, IBCLC**

Movement to facilitate better breastfeeding



**Zainab Yate, BSc, MSc**

Normative ethics & lactation: what came before autonomy and consent? and Research ethics and infant feeding



**James Akre, BA, MPA**

Breastfeeding: one man's perspective



**Lindsey Hurd Reeves, MS, RD, LDN, IBCLC**

The physiological impact of maternal wellness on lactation: nutrition in the postpartum period



**Diana Wittendorp, PhD**

Handling and storage of expressed human milk: should the current clinical guidelines be revised?



**Natasha Sriraman, MD, MPH, FAAP, FABM**

Cultural differences in breastfeeding: a practical approach



**Heather Trickey, BSc, MSc, DipHE, PhD**

What is this thing called 'Breastfeeding Peer Support' – and how does it work?



**Jennifer Cashin, MPH, CLC**

Experiences and learning from Alive & Thrive Southeast Asia: creating centers of excellence for breastfeeding through early essential newborn care

IBLCE have approved this activity for Continuing Education Recognition Points (CERPs) CERPs allocated = 19.75 CERPs (17.75 L & 2.00 E)

CPD points have been applied for from the Australian College of Midwives for this activity.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Postgraduate Institute for Medicine and iLactation. The Postgraduate Institute for Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The Postgraduate Institute for Medicine designates this enduring material for a maximum of 19.75 AMA PRA Category 1 Credit(s)<sup>™</sup>.

Postgraduate Institute for Medicine is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. This educational activity for 19.5 contact hours is provided by the Postgraduate Institute for Medicine. Provider approved by the California Board of Registered Nursing, Provider Number 13485, for 19.5 contact hours.

Please contact [info@iLactation.com](mailto:info@iLactation.com) for more information about contact hours.

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